



# Dudley Lodge Children's Guide



Everything you need  
to know..

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We give your  
parents or carers  
support and  
advice to help  
them to learn and  
develop their  
parenting skills.

We help  
parents to  
understand and  
meet the needs  
of their  
children.

## What do you do at Dudley Lodge?

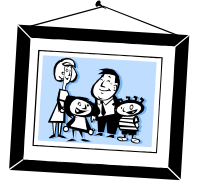


We help families  
to make children  
feel safe.

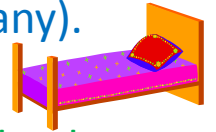
We offer information  
to parents and carers  
about child  
development and  
help them learn how  
you see the world.



# About your stay at Dudley Lodge.



We have lots of flats where families stay. Although other families will also be living at Dudley Lodge at the same time as you, you will not have to share any of the rooms in your flat with them. You may share your bedroom with your brothers/sisters (if you have any).



It is nice to make your bedroom feel like your own little place where you can relax and play. It would be good to bring your favourite toys to make your room feel like your own.



You can also choose/make pictures and posters to put on your bedroom walls.



There is a big garden with swings and climbing frames for you to use.

There is also a Playroom where you will spend some time playing with your parent/carer and at other times with some of the other children who live at Dudley Lodge.



You will have a children's worker who you will have time to talk to you if you are worried or want things explained to you.

Inside your flat there is a book telling you all about the places you can visit that are local to Dudley Lodge, including swimming, ice skating, the park etc.







# What does Dudley Lodge look like?





# Who will be at Dudley Lodge?

Lots of people work at Dudley Lodge.





All staff that work at Dudley Lodge have their picture taken. You can see their photographs on our notice board.



Sometimes the Centre can feel very busy and noisy, and you may meet or see people who you don't know. Do not worry if this happens. Staff always know who is in the building and no-one is allowed to come in if they are not meant to be here. If you do feel worried, staff will always be happy to talk to you and answer any of your questions.



There are always staff in the Centre, to help families if they need it – even at night time (when you should be fast asleep!).



There is even a bedroom like yours where a member of staff sleeps each night so that they can wake up and help families too, if needed.





# Will staff always be around, and will they respect my privacy?

When staff do come to see you in your flat they will always knock the door first.



There will always be a member of staff in the building who can talk to you if you are worried or uncertain about anything.

Staff will not stay in your bathroom when you are having a bath or getting dressed.

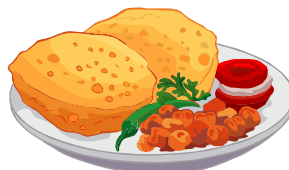


Staff will spend time with you and your family at different times in the day, this might be when you are:

Getting ready for bed.



Eating your meals.



Playing.



Getting ready for school.



Out of the centre, for example when you go shopping or on your way to school.







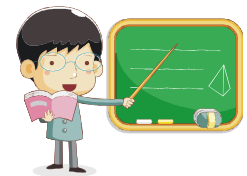
# What are 'sessions'?

Dudley Lodge is a bit like a school for parents, where they learn all about children.



Sometimes your mum/dad/carers will have what we call 'sessions'.

These are a bit like lessons in school, where your mum/dad/carers can learn new things and talk about what they have learnt whilst living at Dudley Lodge.



Sometimes you may also be in one of your parent's sessions' – these would usually happen in the playroom.

Your Dudley Lodge children's worker will plan some fun sessions for you to attend.



# What will my parents/carers learn?

Your parents/carers will learn about:



## Food

Making sure you have healthy food to help you grow big and strong.



## Hygiene

Making sure you are kept clean and have clean clothes to wear.



## Safety

To keep you safe and stop you getting hurt.



## Housework

Keeping your home clean and tidy.



## Cooking

So you can eat lots of different healthy meals.



## Emotional warmth

To make sure you feel loved and listened to.



## Play

So your grown up knows how to play, and help you learn.



## Routine

So you have regular times for day to day things, like meal times and bedtimes.



## Money

To make sure your family has enough money for things like bills, food, clothes and toys.



## Managing behaviour

To have family rules and offer praise for good behaviour.



## Family relationships

To look at your family members and how they get on with each other.



# If I am worried or unsure, who can I talk to?

If you are unhappy about anything you should always tell your mum/dad/carer.

If you are still not happy or feel you can't talk to them about your problem, you can talk to any member of staff you choose to.

There are lots of other safe people you can talk to about your worries, have a look at the flower below as each petal lists someone you could talk to. You could have a go at drawing your own safety flower with the names of your safe people.





If there is something you are not happy with, and have tried to talk to your safe people about this, but are still unhappy you can phone or email Ofsted. You might have heard about your teachers talk about Ofsted...

Ofsted, also inspect Dudley Lodge to make sure everything is ok and as it should be. Lots of people work at Ofsted, a bit like your school, the main ones for Dudley Lodge are:

**Sir Michael Wilshaw is Her Majesty's Chief Inspector**

**Lorna Fitzjohn is the Regional Director**

**Joanne Vyas is the allocated inspector for Dudley Lodge**

You can talk to Ofsted by telephone:  
0300 123 1231

Or Email:  
[enquiries@ofsted.gov.uk](mailto:enquiries@ofsted.gov.uk)

You could also talk to the **Children's Commission Team**.

**Anne Longfield** is the Children's Commissioner for England. She makes sure your rights are promoted and protected. Her work focuses on making sure that adults in charge, or making decisions, listen to what children and young people say about things that affect them.

**For help**, you can call the Children's Commission on: **0800 528 0731**  
or email:

[advice.team@childrenscommissioner.gsi.gov.uk](mailto:advice.team@childrenscommissioner.gsi.gov.uk)



We hope you  
enjoy your  
time at  
Dudley Lodge

